



velocity

BY HIGHWOODS PROPERTIES



FEATURES

- Upright and Recumbent Bicycles
- Elliptical Trainers and Cross Trainer
- Treadmills
- Vitality Strength Equipment
- Free Weights
- Aerobic Room
- Locker and Shower Facility
- Available to Customers of LakePointe One and Two

HOURS

- Monday - Friday | 5:30AM - 8:00PM
- Saturday | 7:00AM - 12:00PM

Mandatory enrollment waiver form required prior to using facility. Access card entry.

